HEALTH AND PREVENTION

What if I test positive for COVID-19?
   Students: Notify Student Success
   Faculty: Please report to your direct supervisor for further instructions.

How can I prevent myself from getting COVID-19?
   The college strongly recommends following CDC prevention guidelines, including:
   - Avoid close contact with people who are sick.
   - Avoid touching your eyes, nose and mouth.
   - Stay home when you are sick.
   - Wash your hands often with soap and water for at least 20 seconds, especially after going to the bathroom; before eating; and after blowing your nose, coughing, or sneezing.

Review the CDC website for more information and visit our sister HBCU health institution, Meharry Medical College’s website to find more useful information about the health and prevention concerns.

What if I am feeling COVID-19 symptoms?
   According to the CDC (Centers for Disease Control and Prevention), current symptoms reported for patients with COVID-19 have included mild to severe respiratory illness with fever, cough and difficulty breathing. If you have had close contact with someone showing these symptoms who has recently traveled from an area affected by COVID-19, please follow the guidance below. Do not go in person to any medical provider without first speaking to medical staff over the phone for advice.
Where can I get tested for COVID-19?
You can get tested for COVID-19 at a variety of places locally including Meharry Medical College, Matthew Walker Comprehensive Health Center, the local health department, as well as local pharmacies including Walgreens, CVS and Rite Aid.

What if I have been exposed to someone who has COVID-19?
Refer to CDC guidelines. For faculty, please inform your direct supervisor of the situation and do not come to work until you have been cleared by a medical provider and evidence provided.

What steps is American Baptist College taking to disinfect common areas?
ABC has implemented additional cleaning and disinfecting protocols.

Who should I contact if I have questions about COVID-19?
Questions about ABC's response to COVID-19 should be sent to kwalkine@abcnash.edu.