

American Baptist College

Academic Success Plan for Students on Academic Warning or Probation

Name:
 ABC Email:
 Major:

ID#:
 Phone:
 Advisor:

Your Academic Success Plan will help you to develop concrete strategies/plans to address challenges threatening your academic success at ABC

Step 1: Identify the challenges you encountered last semester (check all that apply)

- | | |
|--|--|
| <input type="checkbox"/> I did not go to class
<input type="checkbox"/> I did not pay attention in class
<input type="checkbox"/> I did not turn in my assignments
<input type="checkbox"/> I turned in my assignments late
<input type="checkbox"/> I missed one or more exams
<input type="checkbox"/> I did not study enough
<input type="checkbox"/> I pledged a fraternity or sorority
<input type="checkbox"/> I had trouble balancing work and school
<input type="checkbox"/> I did not like my classes
<input type="checkbox"/> I became frustrated and gave up
<input type="checkbox"/> I struggled with a learning disability
<input type="checkbox"/> I spent too much time on Netflix and the internet
<input type="checkbox"/> I allowed drugs or alcohol to interfere | <input type="checkbox"/> I was homesick
<input type="checkbox"/> I had trouble adjusting to ABC
<input type="checkbox"/> I had health problems
<input type="checkbox"/> I had family issues
<input type="checkbox"/> I had financial hardships
<input type="checkbox"/> I had test anxiety
<input type="checkbox"/> I spent too much time with friends
<input type="checkbox"/> I was not motivated
<input type="checkbox"/> I did not buy my books
<input type="checkbox"/> I was dealing with depression
<input type="checkbox"/> I do not know how to study
<input type="checkbox"/> I procrastinated
<input type="checkbox"/> I did not do my readings |
|--|--|

Identify below the 3 greatest challenges you faced last semester & how they interfered with your success

Challenge	How did interfere with your academic success? Be specific.
1.	
2.	
3.	

Step 2: Generate potential solutions for overcoming your challenges

Indicate below which solutions might help overcome your challenges.

Challenge	Solution #1	Solution #2	Solution #3
1.			
2.			
3.			

Step 3: Commit to achievable solutions

List below the three most achievable solutions that you are willing to try, how these solutions will help you, and what is required of you to overcome your challenges and achieve success

Solution	How will this solution help me?	What will be required of me in terms of time & effort?	Start date
1.			
2.			
3.			

Academic Habits

Time Management	Always	Frequently	Occasionally	Never
I make plans each week about how I will spend my time.				
I complete major assignments and them in on time				
I allocate at least 2 hours per week of study time for every hour I spend in class.				
I find time for personal obligations and free time without sacrificing study or class time.				

Test Taking	Always	Frequently	Occasionally	Never
My study time for tests/exams is organized and thorough				
I begin studying for tests/exams several days before the test				
I seem to study effectively and have studied what is on the test/exams				
I complete my tests/exams with time for review				
I feel confident about tests/exams and have low anxiety				
I am comfortable with all types of tests/exams				

